

協会けんぽ 項目比較表

令和8年度	一般健診		節目健診	人間ドック		若年層健診	定期健診			被扶養者ミニドック	
	35歳以上の被保険者	(全額実費)	40、45、50、55、60、65、70歳の被保険者	35歳以上の被保険者	(全額実費)	20、25、30歳の被保険者	定健A	定健B	定健C	一般健診相当	人間ドック相当
身長・体重・BMI	●	●	●	●	●	●	●	●	●	●	●
肥満度				●	●		●	●	●		●
腹囲	●	●	●	●	●	●	●	●	●	●	●
体脂肪率				●	●						●
血圧(1回測定値)	●	●	●			●	●	●	●	●	
血圧(2回測定値・平均値)				●	●						●
心電図(安静時)	●	●	●	●	●	●	●	●	●	●	●
心拍数(仰臥位)				●	●						●
眼底			●	●	●						●
眼圧				●	●						●
視力	●	●	●	●	●	●	●	●	●	●	●
聴力(オーディオメーター)	●	●	●	●	●	●	●	●	●	●	●
肺機能			●	●	●						●
胸部X線(正面)	●	●	●	●	●	●	●	●	●	●	●
胸部X線(側面)				●	●						●
胃部X線	●	●	●	●	●					●	●
腹部超音波			●	●	●						●
赤血球数	●	●	●	●	●	●	●	●	●	●	●
白血球数	●	●	●	●	●	●	●	●	●	●	●
血色素量(ヘモグロビン)	●	●	●	●	●	●	●	●	●	●	●
ハマトクリット	●	●	●	●	●	●	●	●	●	●	●
血小板		●	●	●	●		●	●	●	●	●
MCV		●	●	●	●		●	●	●	●	●
MCH		●	●	●	●		●	●	●	●	●
MCHC		●	●	●	●		●	●	●	●	●
血液像			●								
総コレステロール	●	●	●	●	●	●	●	●	●	●	●
HDLコレステロール	●	●	●	●	●	●	●	●	●	●	●
LDLコレステロール	●	●	●	●	●	●	●	●	●	●	●
中性脂肪	●	●	●	●	●	●	●	●	●	●	●
non-HDLコレステロール				●	●						●
空腹時血糖	●	●	●	●	●	●	●	●	●	●	●
HbA1c(NGSP)		●		●	●		●	●	●	●	●
AST(GOT)	●	●	●	●	●	●	●	●	●	●	●
ALT(GPT)	●	●	●	●	●	●	●	●	●	●	●
γ-GTP	●	●	●	●	●	●	●	●	●	●	●
ALP	●	●	●	●	●	●			●	●	●
LDH			●	●	●				●		●
総ビリルビン			●	●	●				●		●
総蛋白			●	●	●				●		●
アルブミン			●	●	●				●		●
A/G比				●	●				●		●
尿酸	●	●	●	●	●	●		●	●	●	●
血清アミラーゼ			●	●	●				●		●
尿素窒素		●		●	●			●	●	●	●
クレアチニン	●	●	●	●	●	●		●	●	●	●
eGFR	●	●	●	●	●	●		●	●	●	●
カルシウム				●	●				●		●
無機リン				●	●				●		●
CRP				●	●						●
RF				●	●						●
HBs抗原(定性)				●	●						●
HCV抗体(定性・定量)				(オプション1,122円)	●						●
梅毒TPLA法				●省略可	●						●
梅毒RPR法				●省略可	●						●
尿糖	●	●	●	●	●	●	●	●	●	●	●
尿蛋白	●	●	●	●	●	●	●	●	●	●	●
尿潜血	●	●	●	●	●	●				●	●
尿ウロビリノーゲン				●	●						●
尿PH		●		●	●		●	●	●	●	●
尿比重				●	●						●
尿沈査			●	●	●						●
便潜血(2回法)	●	●	●	●	●					●	●
医師診察(問診)	●	●	●	●	●	●	●	●	●	●	●
特定健診										◎	◎
自己負担額(企業負担額)	5,500円	26,167円	8,280円	10,530円	35,200円	2,500円	11,000円	11,350円	12,140円	12,485円	28,380円